



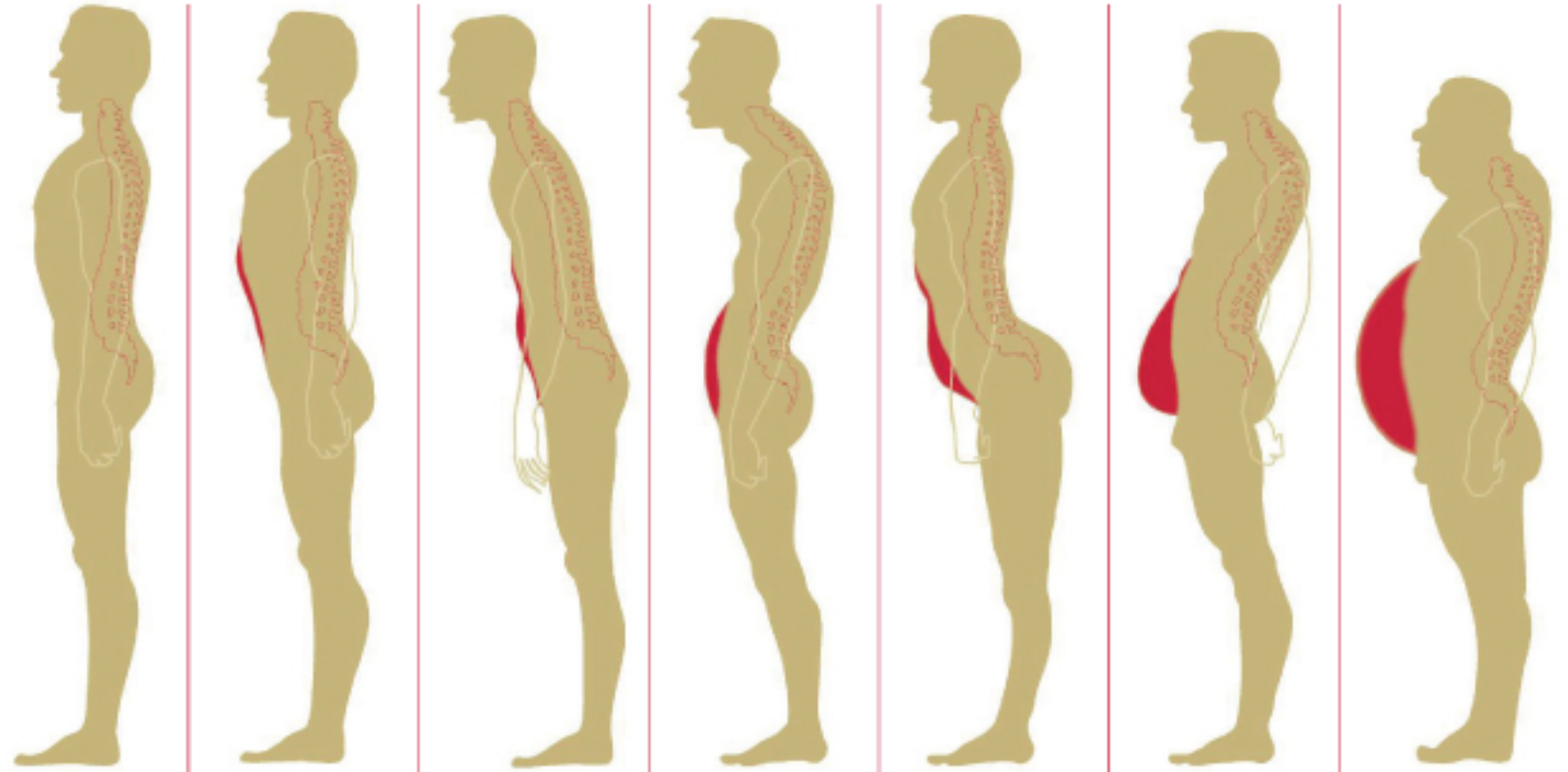
LOOK IN THE MIRROR. DO YOU RECOGNISE YOURSELF?

The way to one's health is through his stomach

Intestinal health & physical beauty:

According to Dr. F.X. Mayr bodily posture is a strong indicator of intestinal and overall health. The different postures of the body shown here are the various forms in which chronic indigestion can affect posture.

male



healthy belly
normal posture

beginning gas
belly
abnormal posture
attention

inflammatory
excrement belly
head stert

limp excrement
belly
lazy bone stance

inflammatory gas-
excrement belly
duck stance

limp excrement
belly
the sower

ball shaped
gas- excrement belly
bass drum player

female

